



# LITTLE OAKS ACADEMY

NEWSLETTER

SPRING 2016

- \* Spring has arrived and everyone at Little Oaks Academy is welcoming the warmer weather, blooming flowers and longer outside playtime!
- \* The weather isn't the only thing that is changing. We have had a few staff changes over the last few months as well. Maria Crowley, lead teacher in our 2-yr old room, has been a part of the Tennova/Little Oaks family for over 8 years. She and her husband are moving back to Michigan where they will be close to their own family. We are very sad to say goodbye to Maria but wish her the very best! Michelle Johnson, a longtime staff of the Tennova Child Care Center has returned to Little Oaks to assist wherever needed and we are very excited about her return! Sarah Chesney will also be joining our staff as a closer in our infant rooms.

## Expecting?

Please let Beth know as soon as possible if you would like to have a space reserved for your New Arrival! Our infant rooms are popular and we want to make sure there is enough space for new siblings.



## Dates to Note

Teddy Bear Portraits	May 19 & 20
Scholastic Book Fair	May 23 – 27
Memorial Day Holiday (center closed)	May 30
Preschool Graduation	June 26

## Summer/Vacation Information:

Please remember to submit your vacation notice to the office 2 weeks in advance. If you are planning on having your child/ren home for June and/or July, Little Oaks offers half price tuition and will reserve space for your return in the fall. Please let Beth know your plans as soon as possible!

## Amazon Smile and Kroger Rewards

Choose Little Oaks Academy as your preferred non-profit charity on Amazon Smile and register your Kroger Card at [krogercommunityrewards.com](http://krogercommunityrewards.com) to help fund even more quality experiences for the children at our Center. Visit the Little Oaks Academy website for registration information!

## Child Development Information

Parents often wonder if their child is “on track” with typical growth and developmental milestones. Below are two websites that can provide much information about what your child should be doing and when. If you have any questions, ask your child’s teacher or Beth or Kathie and we will be glad to help!

**kidcentraltn.com** – This is a State of Tennessee initiative to assist families in gaining information about health, education, development, and support services for children. The site is full of great information for the entire family. Sign up to receive emails about developmental milestones specific to your child’s date of birth.

**Pathways.org** – This site is focused on developmental milestones of children from birth to age 6+. While this is helpful information, remember that all children develop at slightly different paces and the milestones are simply a guideline. Check with your doctor if you have any specific concerns about your child’s development.

## ABC Mouse



ABC Mouse is a computer based activity website for children and families. The program is free to our families through the contract with our Center software system, ProCare. Please be looking for an email with an invitation and login code to access the site. Teachers will be orientated on the system in the coming days and will be able to answer any questions you may have as well.

## Seasonal Allergies in Children

A child who sneezes or coughs a lot, who frequently develops a rash or hives, or who gets a stomachache, cramps or nausea after eating certain foods may have allergies. Any child may develop allergies, but they are more common in children from families with a history of such reactions.

Early identification of childhood allergies will improve your child’s quality of life, reduce the number of missed school days and help you avoid having to use sick time or vacation days to care for your child.

### Allergy Symptoms in Children

- Skin rashes or hives (atopic dermatitis or eczema)
- Difficulty breathing (asthma)
- Sneezing, coughing, a runny nose or itchy eyes
- Stomach upset

### Common Allergy Triggers in Children

- Outdoors: tree pollen, plant pollen, insect bites or stings
- Indoors: pet or animal hair or fur, dust mites, mold
- Irritants: cigarette smoke, perfume, car exhaust
- Foods: peanuts, eggs, milk and milk products

Source: American College of Allergy, Asthma & Immunology